



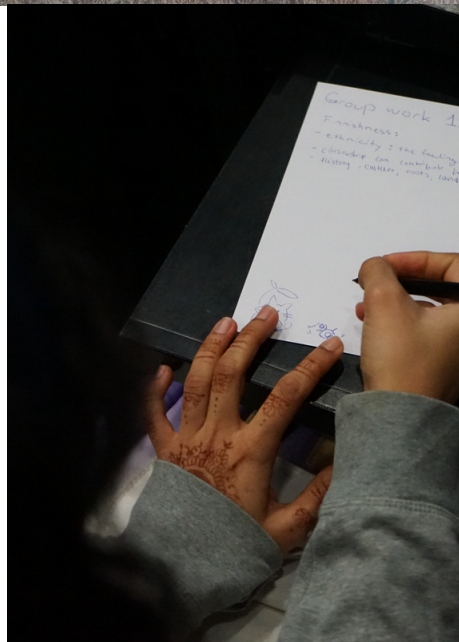
ESPOO INTERNATIONAL SCHOOL

EIS WELLBEING



April and May have been fulfilled with events and excitement! Final grades, seminars, events and field trips! This year has been an exciting year for sure! We are all looking for the next one!

But now please enjoy the summer holiday, go camping, sleep a lot and have a good time!



Even though on the 23rd of April we had this much snow and winter came back for the 6th time maybe...EIS did not lose hope for spring and summer to come!

ECO WEEK AT EIS



Villa Elfvik Day

On Friday 19th of April, Eco School EIS took part in the annual meet up of Eco Schools in Villa Elfvik. At the start of the day, all the participating schools had a meeting outside of Villa-Elfvik house. The organizing hosts introduced themselves and told us and the other schools the schedules. After the quick meeting, we had a bingo, where we got into small groups and went to ask other school students what their school had done for the green flag. After that, we walked a bit to a bird watching tower with binoculars and we looked at birds.



There was a table of different bird species that we could try to find by looking through binoculars. Then we had lunch inside, the school had given us a cheese baguette, a juice box and an apple. Villa Elfvik gave everyone huge pullas, hot juice, tea and coffee. After lunch, we had a treasure hunt-ish activity where the staff gave us maps that led to 6 different bags with information that we used to fill out an environmental word search form. After the treasure hunt, we went to a closed off space to make either a may-day garland or a decorated may-day stick that we crafted cloth strands on. It was an enjoyable day out of the ordinary!



ECO WEEK AT EIS



During the eco week at EIS we also had documentaries about nature played during lunch time for our students and staff.

During the week on Monday, we had to wear green, on Tuesday it was device-free day, on Wednesday Bike/Walk to School Day, on Thursday it was a Bookswap day and on Friday it was Wear Second Hand Day.



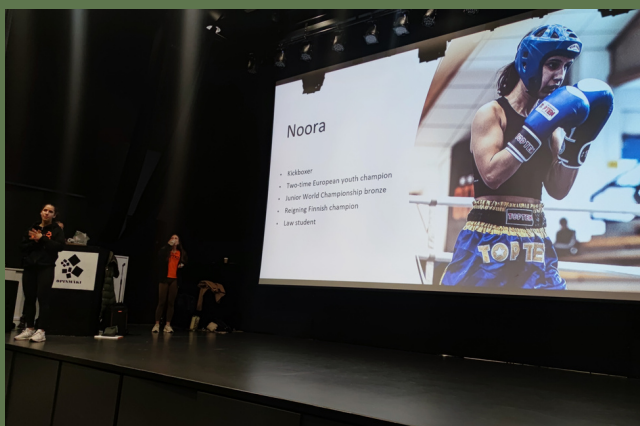
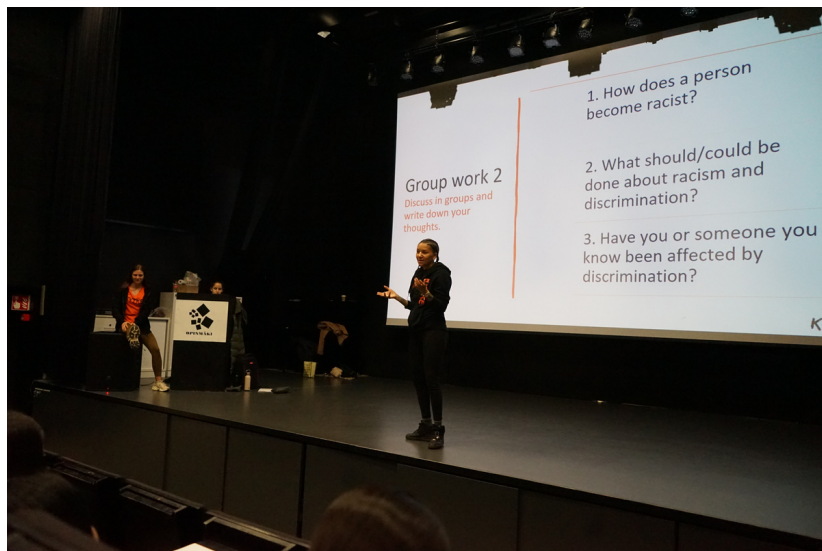
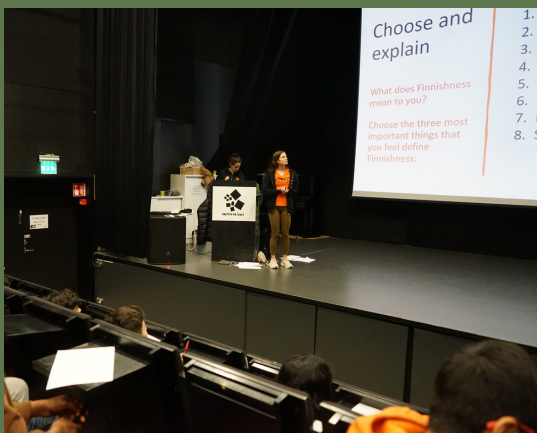


WORKSHOP ABOUT DISCRIMINATION

For years, the main part of the KYTKE project has been workshops hosted by former or current Finnish athletes and artists with diverse cultural and/or ethnic backgrounds. These workshops are targeted at grades 3–9 and they deal with being Finnish, identity, racism, and discrimination. The students are encouraged to express their own opinions and thoughts and to challenge their prejudices. The instructors share their personal experiences related to the topics and thus encourage the youth to discuss and process their own feelings and thoughts.

<https://kytke.fi/en/home/>

7th and 9th grade students had a chance to participate this year!



EVENTS



← Here are some moments from the “Book swap” event organised by ECO school!



3E had a chance to play mini version of the World Peace game!



One morning PTA of EIS surprised us with an amazing breakfast for the Community Wellbeing team. We are truly thankful for all your support, time and effort!



KIVA ASSEMBLY



We also had Kiva assembly. All of the students had a chance to participate. Everybody sang “Lean on me” song. During the assembly, it was talked about how we all always need a friend to lean on, or in some cases we need to be the shoulder that a friend could lean on. We spoke that it is important to carefully choose words, be kind and take care of our surroundings.

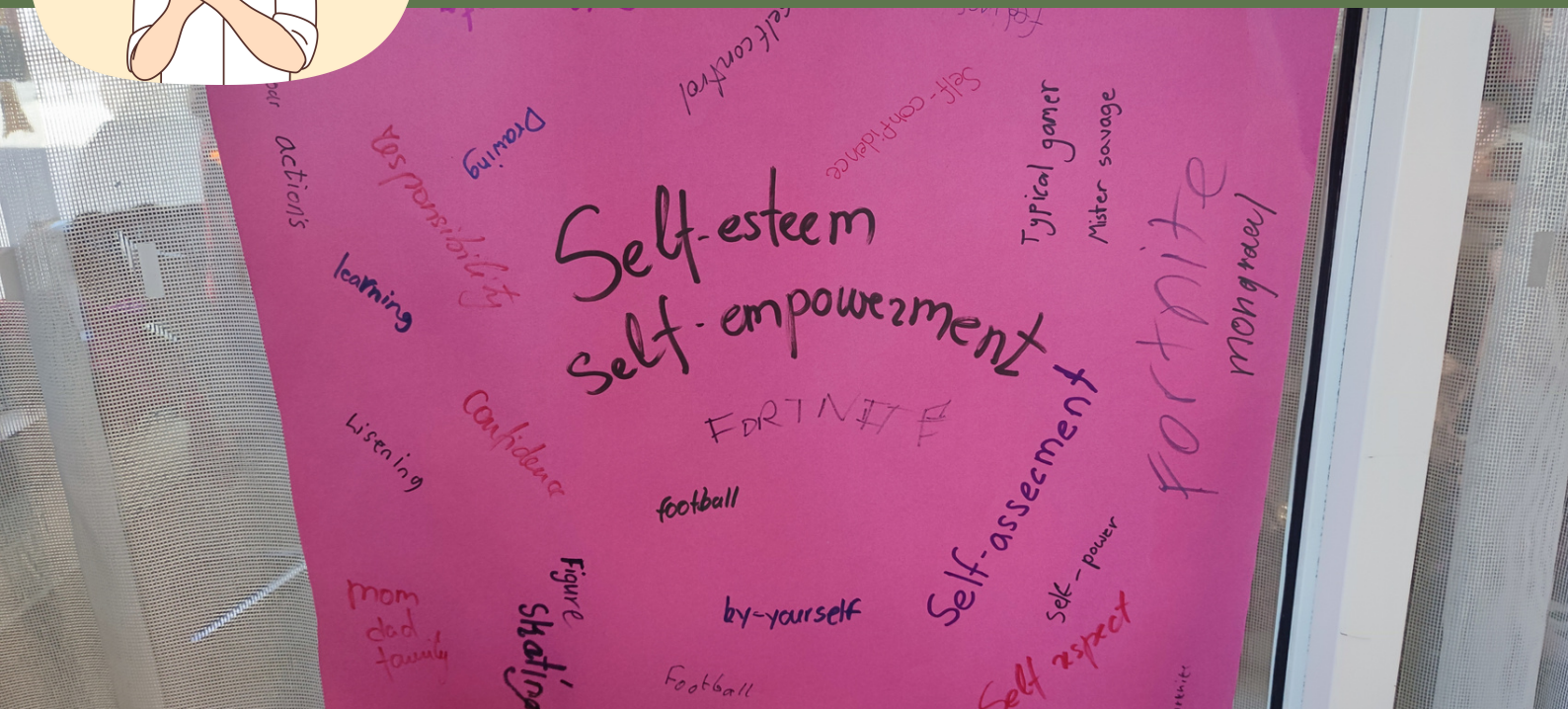
9th GRADE GALA

On the 28th of May at EIS we had 9th grade gala. Students and parents gathered to celebrate the end of the school year. Each class prepared a presentation, different nominations were given to the students. It was a joyful evening, filled with good memories and food!





THANK YOU!



RUBERT DELIVERED LITTER PICKERS RIGHT ON TIME FOR EARTH DAY THIS MORNING. REQUESTED BY OUR ECO SCHOOL AND EIS'S WELLNESS TEAM.



PTA of EIS had organised Eid celebration at EIS. It was a delightful occasion filled with delicious food, music, festive crafts, and games.

Parents have also sponsored trash pickers, which were already put into action this Spring!



HAPPY MOTHER'S DAY!

to all of our EIS mothers

We thank all of the EIS students, their parents and all staff for an amazing year that we had!

Enjoy your summer, make good memories, rest and we will see you next year!