



ESPOO INTERNATIONAL SCHOOL

EIS WELLBEING



As the new year began, January brought a cosy and vibrant atmosphere to Espoo International School. Despite the chilly weather outside, our school was full of warmth, activity, and meaningful moments.

We kicked off the year with a delightful **6th Grade Bake Sale**, where our talented young bakers showcased their culinary skills and community spirit. The event was a sweet success, bringing smiles and delicious treats to all.

We also welcomed several special guests this month. The **NouHätä!** event provided our students with valuable safety education in a fun and interactive way. In addition, a visit from the **Finnish Defence Forces** offered a unique opportunity for students to learn more about national service and civic responsibility.

One of the highlights of the month has been the growing collaboration between the EIS crew and our **primary students**. Through shared activities and mentorship, we've been building strong, supportive connections that enrich our school community.

January has truly been a month of togetherness, learning, and inspiration at EIS. We look forward to carrying this positive energy into the months ahead!

NOUHÄTÄ and 6TH GRADE BAKE SALE!

In January we had NouHätä!

It is a national safety skills campaign aimed at eighth graders in secondary schools across Finland. The campaign focuses on enhancing young people's ability to anticipate and prevent hazards, as well as teaching them the necessary skills to act correctly in the event of an accident. Teachers can access electronic teaching materials from the campaign's website to support safety education. Participating students also have the opportunity to compete in the NouHätä! competition, which culminates in a final event held in spring 2025.

6th grade BAKE SALE!

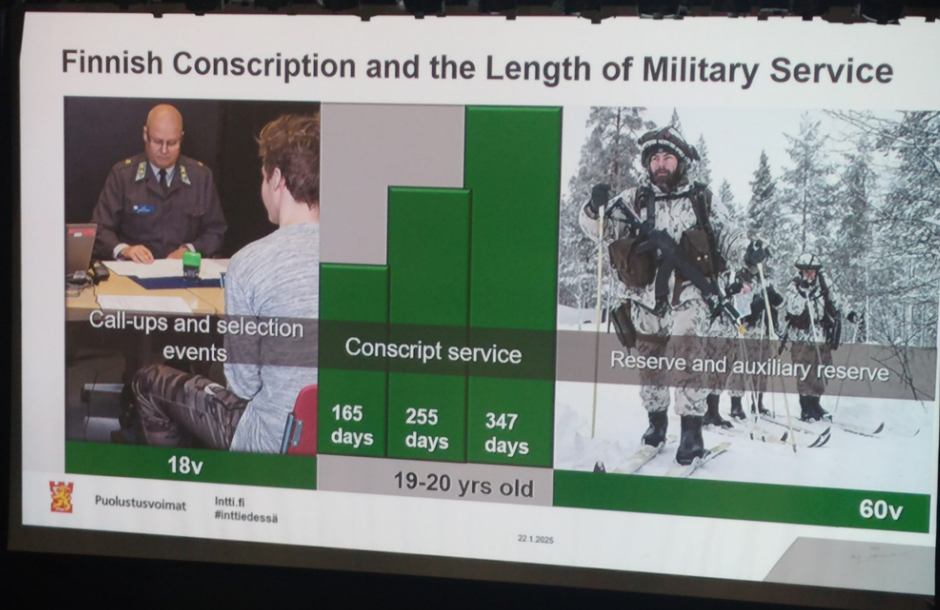
Espoo International School's 6th Grade Bake Sale

The 6th graders at Espoo International School recently hosted a delightful bake sale, showcasing their culinary talents and community spirit. The event featured an array of delicious homemade treats, including cookies, cakes, and pastries, all lovingly prepared by the students. The bake sale was a huge success, with students, teachers, and parents coming together to enjoy the tasty offerings.





Visitors



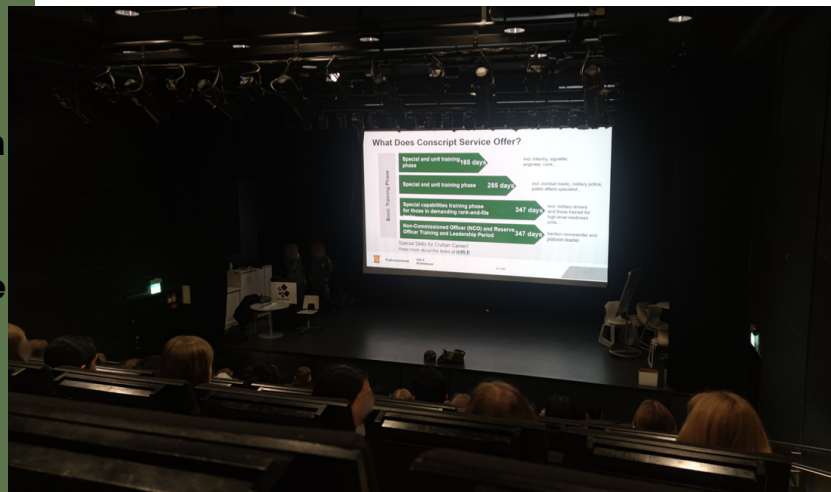
On 22nd of January our 9th graders had an incredible learning opportunity from the Finnish Defence Forces!

Representatives visited our school to give an engaging lecture about the role and importance of military forces in Finland. It was an eye-opening session that provided valuable information to our students.

What stood out most was the curiosity and enthusiasm of our students—they asked insightful questions and even got hands-on experience by trying out a military vest and helmet!

Such experiences broaden knowledge and inspire a deeper understanding of national service and defense.

For anyone interested in learning more, visit: www.intti.fi



EIS CREW



In addition to our existing anti-bullying initiatives, this year we've launched a new program aimed at fostering community and support among our primary school students. Introducing EIS Crew, a program focused on preventing bullying and creating a stronger sense of belonging.

The concept of having a "Crew" has been successfully piloted at other schools like Vantaa International School and Martinlaakso School in Vantaa, where it has been proven to be highly effective in tackling bullying (read more here: <https://lnkd.in/dR4z63uV>).

The EIS Crew's role is to actively reach out to students who may feel isolated or lonely, offering companionship, support, and working together to solve any challenges they might face.

Yesterday and today, EIS Crew members visited primary school classes to build stronger connections, playing games and engaging with students in a fun and meaningful way. It was a wonderful opportunity for everyone to get to know each other better, creating a positive atmosphere for the school community. We're eager to see this initiative grow and look forward to the positive impact it will have on our students!



WORLD PEACE GAME



🌍✨ Inspiring the Next Generation of Peacemakers ✨🌍

This week, a class of 8th graders embarked on a transformative journey by participating in the World Peace Game—an immersive, interactive role-playing experience that challenges young minds to solve global issues and build peace. 🕊

The World Peace Game, created by John Hunter, places students in the roles of leaders, diplomats, and key decision-makers as they navigate complex scenarios involving economic, social, and environmental challenges. Through collaboration, negotiation, and critical thinking, these students are learning what it truly takes to create peace—not just in theory, but in action. It's incredible to witness their creativity and determination as they work through conflicts, build alliances, and strive for solutions that uplift everyone. This isn't just a game—it's a microcosm of the real world, and these students are proving that the future is in good hands.

If you want to learn more about this impactful program, check out the official site: worldpeacegame.org.

Here's to empowering the next generation of leaders to think boldly, act compassionately, and lead us toward a more peaceful world. ✨